

FEBRUARY 2025

MENU

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3 -Baby Carrots -Turkey Stew -Rice -AppleSauce	4 -Chickpea Salad -Quiche. Lorraine -Fruit	5 -Asparagus Soup -Baked Fish -Dauphinoise Potatoes -Yogurt	6 -Spinach Croquettes -Grilled Chicken -Veggies - Fruit	7 - Feta Salad - Chicken Wrap - French Fries - Chocolate Chip Cookies	8
9	10 -Salad -Bolognese Pasta -Bread -Yogurt	11 -Smoothie -Cheese Fritters -Potatoes -Fruit	12 -Carrots with Bechamel -Fish -Rice -AppleSauce	13 -Cream of Onion - Croque Monsieur - Steamed Brocoli - Fruit	14 -Caesars Salad -Steak -Mashed Potatoes -Chocolate Covered Strawberries	15
16	17 - Strawberry Salad - Grilled Fish - Veggies - AppleSauce	18 -Salad -Meatballs -Rice -Fruit	19 -Boiled Eggs with Alioli - Grilled Chicken - Brussel Sprouts - Yogurt	20 -Turkey Sausage -Croquettes - Crispy Potatoes - Fruit	21 -Mixed Salad -Lasagna -Bread -Lemon Tart	22
23	24 -Cucumber and Dip -Creamy Chicken -Orzo With Bacon -Yogurt	25 - Pear Salad - Turkey and Cheese Sandwich - Veggies - Fruit	26 -Spinach Salad -Garlic Shrimp -Rice -AppleSauce	27 -Creme Fraiche Dip - Pasta Salad - Tuscan Chicken - Fruit	28 - Avocado Salad - Grilled Salmon - Potatoes - Madeleines	